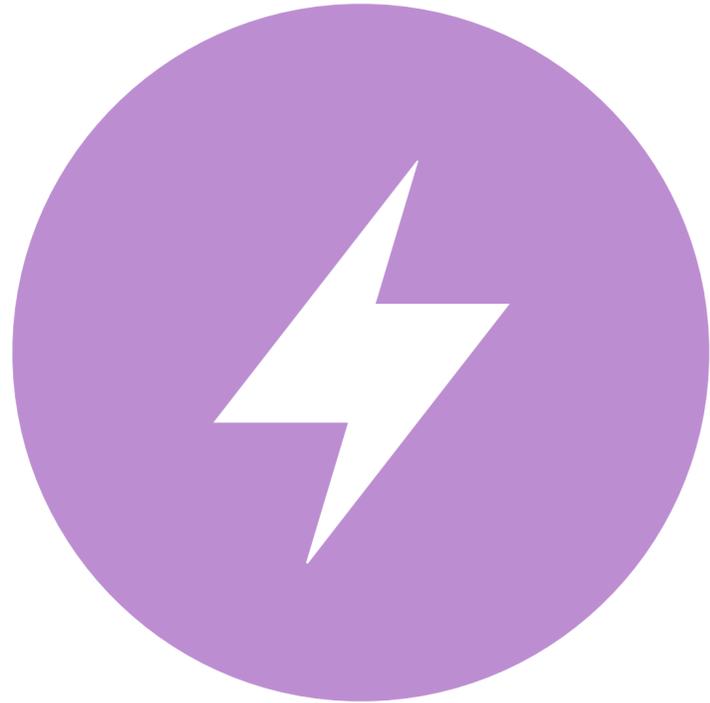


Mental disorders result
in **lost productivity**
costs of \$10.9 billion
nationally each year.



\$10.9
billion



x3

A global study has found that organisations that **promote wellbeing** as a priority are seen as 3 times productive by their employees.

Implementing effective **early intervention** programs results in a five-fold ROI due to increased employee productivity.





14.8
weeks

Each year on average work related **mental disorder claims** result in 4.8 weeks off work.

The average costs of presenteeism (reduced productivity when working whilst unwell) far exceeds those attributable to absenteeism. Overall the average annual cost per employee associated with presenteeism was estimated at \$1680. This is more than **double the estimated cost of absenteeism.**



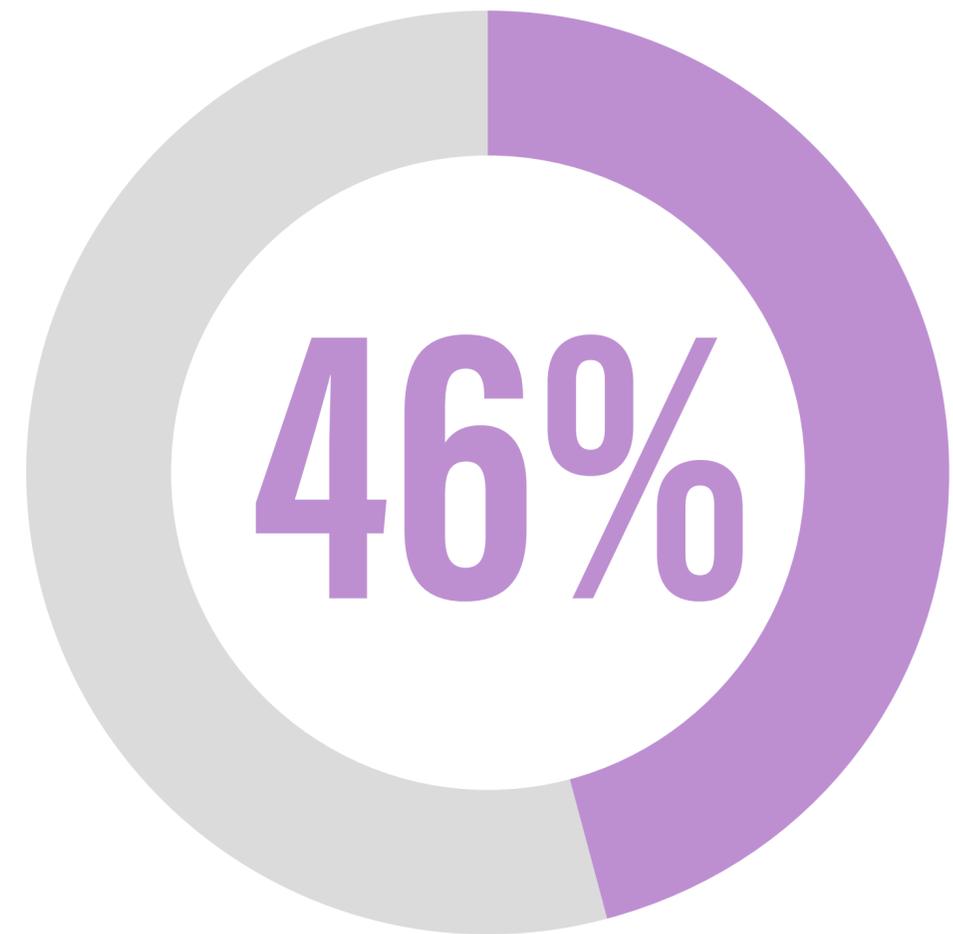
\$9,665



= \$2.30
benefits

For every dollar spent on successfully implementing an appropriate action to create a **mentally health workplace**, there is on average \$2.30 in benefits to be gained by the organisation in terms of improved productivity and lower numbers of compensation claims.

46% of Australians working in a workplace they consider mentally unhealthy have taken **time off from work** in the past 12 months because they felt stressed, anxious, depressed or mentally unhealthy.





A global study has found that when organisations prioritise wellbeing, they are seen as 3.5 times more likely to encourage **creativity and innovation.**

Australian Workplace Barometer results suggest that approximately \$17.84 billion in costs to the employer could be saved if the **mental wellbeing** of the 25% least psychologically healthy working Australians could be raised to the level of the 25% most psychological healthy workers.



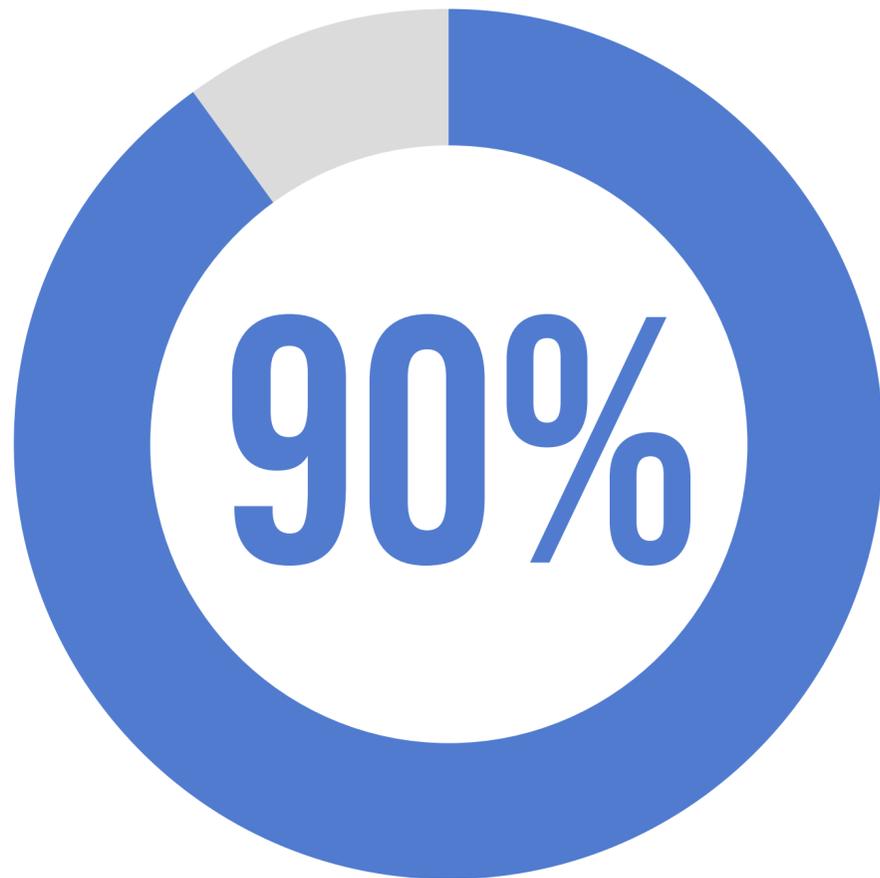
**\$17.84
billion**



Promoting mental health by developing positive aspects of work and worker strengths is associated with improved **employee engagement** and a supportive workplace culture.

Employees who experience a **healthier work-life** are likely to experience flow on effects such as greater wellbeing outside work and better recovery during non-work time.



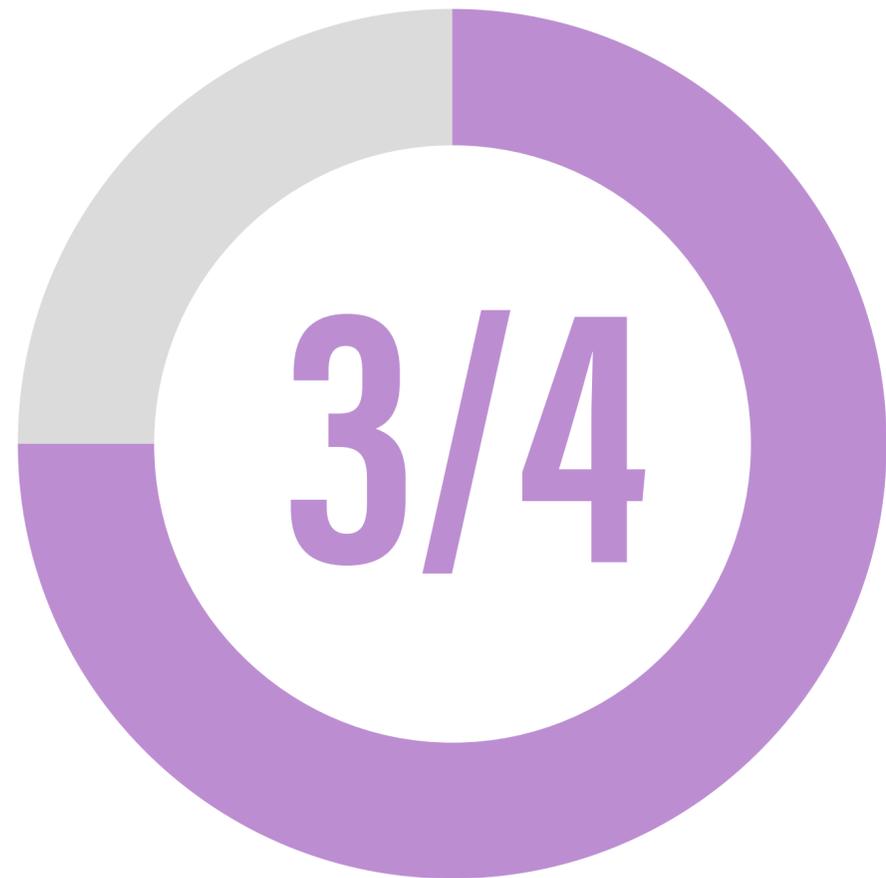


Each year on average 90% of work-related mental disorder compensation claims are attributed to **mental stress.**

The average cost of workers **compensation claims** due to mental ill-health was \$68,844. This includes the value of lost wages and treatment.



\$68,844



Survey results found that nearly three-quarters of Australian employees say a **mentally healthy workplace** is important when looking for a job in the future.

A global study has found that when organisations **prioritise wellbeing**, they are 4 times less likely to lose talent within the next year.





Good work is good
for mental health.

The changing nature of work requires **adaptable, engaged and capable** employees.

